



User Friendly

Next Meetings
WEDNESDAY, May 9, 2007

Open Discussion
WEDNESDAY, June 13, 2007

Build Your Own Website

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From the President's Desk

By Barry Robbins



Those that were in attendance at the last meeting were treated to an excellent presentation from our Webmaster, Jerry Moore, on the new Microsoft Windows Vista operating system. Jerry was well prepared and answered questions that many of us had about the new Microsoft operating system. I know, personally, I am chomping at the bit to get a new computer with the new operating system. Thanks Jerry for a great presentation.

We are just finishing our professionally taught Beginning MS Word classes. Because of the demand, we will continue on with MS Word Level 2 classes. The first session of Level 2 classes will have already started by the time you receive this issue of User Friendly.

The PCC board has decided to again offer AAA Roadwise Review. Roadwise Review, developed by the American Automobile Association is an assessment of essential driving skills. The program, offering individual assessments of ten necessary skills, will be offered by our Computer Club, in the fall, at no charge, to all Palmia residents. Since the program works with each person individually, we need more volunteers to serve as proctors. The program will again be headed by our User Friendly editor, Shelly Stern. Please contact Shelly to volunteer to serve as a proctor. Shelly will conduct a proctor training session so that proctors will be fully able to guide residents as they work their way through the computer based program. This is not a difficult job. If you know how to operate a computer, you will have no trouble serving as a proctor.

The Southwest Users Group conference will be held this year in San Diego at the Town & Country Resort & Conference Center. The Palmia Computer club board will pay the \$50 registration for the first ten members and/or significant others that attend the conference. The conference runs from Friday, July 13th through Sunday, July 15th. The Town and Country Resort & Convention Center is offering attendees a special group rate of \$114.00, single or double occupancy. To make your reservations, call their toll-free reservation number (800-77-ATLAS) by June 29 and identify yourself as attending the Southwest User Group Conference. Registration forms are available in the Computer Club wall rack at the Clubhouse. Your conference registration fee includes admittance to all workshops, the Vendor Faire, meals and vendor presentations, a Welcome Bag and T-shirt. To ensure that attendees receive their choice of T-shirt size, registration must be received by June 22.

Our next meeting, which will take place on May 9th, will be an open forum where we will try to answer your computing questions. If you are having a problem with a particular software program, or are having a hardware problem, we will be there to answer your questions. If you have a particular question that may require some research, please forward it to me at pcc_pres@cox.net. The Palmia Computer Club board will try to research it and have an answer for you.

Remember, all meetings start PROMPTLY at 7:00 PM. Come early and chat with your fellow PCC members. Refreshments will be served.

Web Surfer Tips

by Jerry Moore

TV - Anywhere - Anytime



I just gained access as a beta tester to a new website at www.joost.com. Joost is a new way of watching TV on the internet. With Joost, you get all the things you love about TV, including a high-quality full-screen picture, hundreds of full-length shows and easy channel-flipping.

Digital Photography Tips



A professional photographer in Germany named Chris Marquardt has put together a great site at <http://tipsfromthetopfloor.com> loaded with useful tips, examples and a weekly podcast. Read his comments on photo composition using the rule of thirds for an example of his great advice.

The Printing Mailbox



Do you have friends or relatives that are computer phobic but would enjoy receiving email?

Hewlett-Packard and Presto have come up with a great under \$150 solution. Just plug in the power and phone lines, load some paper and

set the desired print size and this clever device will check for new email on the schedule you define, print out new messages (including attached photos) and even play a sound to alert that new messages are coming in. The user gets their own private email address (no spam) and the service charge is \$9.95/mo or \$99/yr.

24/7 Web Camera



Talk about someone with too much time on their hands. At www.justin.tv follow Justin around day and night as he wears a camera and microphone that he swears he will never remove.

Apple TV



The convergence of the computer in the den and the TV in the living room is growing closer and closer. Checkout the new Apple TV at <http://www.apple.com/appletv>. Any video, picture or song that can be displayed on your PC or Mac with iTunes can now be streamed wirelessly to your wide screen TV anywhere in the house.

Tired Of Solitaire

Visit www.official-linerider.com for a new twist on computer games. Until next issue, happy and safe surfing.

**COMING THIS FALL
PCC to sponsor "Roadwise
Review"**

Dufferdom

Tales of the Ordinary

User

Adapted from an article by David D. Uffer, a member of the Chicago Computer Society, IL

When you think about it, you may come to the view that there are users and there are abusers of personal computers. Of course, the direction of the abuse may be at issue: the PC could seem to be abusing the user, not responding as it had and probably should. A techie may find a fine point where the user has not followed the rules and the PC was just responding to some erroneous action or mistaken understanding. You may believe that. You may believe that machines are always constant and humans variable. Don't believe it! Electronic circuits are complex enough in their construction and interaction that they can go corrupt on their own. Ask a techie. Ask Murphy how he found his Law.

You may have one of Murphy's PCs. And it may be that it does have a mind of its own, or at least an inclination to uphold and sustain Murphy. It has no brand name. It has been multiply upgraded, revised, and enhanced so that any original identity is no longer valid. You tried various names, discontinued Mongrel when you felt it was disrespectful, that the PC's ego, if any, would suffer. In view of its heritage, you used Legacy for a while. Then you sort of settled on Custom. That's descriptive, respectful, and honorable. But there are times you want to call it Murphy.

Or maybe call up Murphy and ask him to pick up his PC—and thanks for the loan. But maybe he thinks it's yours. And maybe he's right and you're stuck with it. Maybe it'll get better if you treat it gingerly, or just gently. But it recently developed this cute trick of getting the screen to go blank and black, not to return until some secret rite is performed upon it by a repair guy who says it's nothing special, just reconnecting. So, you tried that too and sometimes it does whatever magic is



required. The screen comes back and pretends it hasn't been up to anything sneaky. Then you tried being analytical and successfully reduced the number of cables it took to achieve restoration. You got it down to just 5 USB connections plus the Ethernet port. Almost gave you some pleasure to anticipate the next blackout and further reduction in cable connections. Almost a game.

The most recent blackout seems to have occurred as a result of accidentally hitting the F12 key. You'll try it intentionally when you get some slack time for fooling around and some courage. Maybe you'll learn something. You have yet to learn another key quirk. While typing a long message or document, you accidentally invoked another kind of vanishing act by touching some key in the bottom row. Immediately, you were back at the basic desktop screen, all message or document images having gone forever bye-bye. That's when you learned and relearned that re-doing a message or document usually makes it better. Authors call it rewriting and it's a royal pain but good for the soul. You have yet to discover what key or combination causes that reaction. Same reason: chickenhearted.

Now then there may be another reason. It might just be another prank Microsoft or its staffers play on users. Someone a time ago visited Redmond for genuine learning and came back with tricky mini-programs that made the keys or mouse pointer behave in tricky ways, like wandering around or appearing to lose data. You can find subsequent versions of such programs by browsing the Internet, if you value frustration or scaring your colleagues. If you seriously seek and cannot find such items, you can ask the internet to help you find a local resource (spelled "expensive") to move you on to the next level of Murphy's Mechanical Mystique.

DIGITAL CAMERA CORNER



Lab vs. Kiosk Costs

You don't have to find a kiosk to get high-quality prints from your digital photos. You can buy a dye-sublimation photo printer (dye-sublimation is the process most kiosk printers use and is the best consumer-level technology for printing photos), connect it to your PC or camera, and print to your heart's content.

How do the costs compare? The amounts vary depending on your local cost for printing at a kiosk vs. the cost of your choice of home printer and paper. If you don't already have a capable PC and basic photo-printing software, add those costs to your home-printing investment, as well. Home-printing costs per print can be comparable to the wide range of per-print charges at a kiosk. However, many factors can affect this number: how large your prints are, how often you have to replace your ink, and what quality of paper you choose. In comparison, many stores such as Walmart or Costco or Walgreens charge on the lower end of the kiosk printing scale, usually between 24 and 29 cents per 4- x 6-inch print. And some online services, such as Snapfish charge even less. If you use these kiosk-printing or online services, the costs are comparable to printing at home, and you don't have the extra costs of buying the printer and replacing paper and ink consumables when you run low on supplies.

If printing at home, you are also limited to whatever editing options you have in your software (such as borders, text, and image editing), are responsible for your own repair and maintenance, and are committed to one technology regardless of on-going developments in kiosks. On the other hand, you won't have to go to the store to print your photos.

Pandora - a Free Music Resource

by Sandy Berger

The Internet is filled with free resources, some better than others. Pandora can easily become a favorite music website. Surf over to www.pandora.com and type in a song or an artist that you like. Pandora analyzes your choice and creates a music station with similar-sounding music. It will then play comparable songs that it thinks you will like. You can add more music and/or artists to the station to refine your choices. You can also tell Pandora whether or not you like the song that is playing. It uses your likes and dislikes to refine the songs it chooses.

Pandora was created by the Music Genome Project, a group of musicians and music-loving technologists who broke music into hundreds of music attributes or "genes" such as melody, harmony, rhythm, instrumentation, orchestration, arrangement, ND lyrics. They then use high-tech methodology to analyze the musical qualities of each song and rendition. The results are uncanny. I created music stations with different genres that I like and in almost every case I was presented with similar music that I found very pleasing. You can experiment with different combinations. For instance, putting James Taylor and Willie Nelson together gave me an interesting, but likable mix of music.

Pandora is pretty smart. Typing in The Christmas Song and choosing Diana Krall as the artist gave me a whole station of mellow Christmas music. Typing in The Nylons and Take 6 gave me a nice selection of acappella and harmonistic music.

Pandora lets you bookmark songs or artists so you can remember what you liked. You can look up more information about artists and songs right on the site. Two clicks will lead you to iTunes or Amazon where you can purchase the music.

Pandora is ad-supported. You will see ads for everything from gym shoes to cell service. The ads are unobtrusive, but if you want to get rid of them, you can pay to eliminate them. For \$36, you get 12 months of unlimited use with services exactly the same as the free version, but without the ads.

Forwarding E-Mail: Do's and Don'ts

This ABSOLUTELY applies to ALL of us who send e-mails.

You should read this even if you're sure you already follow proper procedures. A System Administrator for a large corporate system, has this to say:

"Do you really know how to forward e-mails? 50% of us do; 50% of us DO NOT." Which 50% do you belong to?

Do you wonder why you get viruses or junk mail? Do you hate it? Every time you forward an e-mail there is information left over from the people who got the message before you, namely their e-mail addresses and names. As the messages get forwarded along, the list of addresses builds, and builds, and builds, and all it takes is for some poor sap to get a virus, and his or her computer can send that virus to every e-mail address that has come across his computer. Or, someone can take all of those addresses and sell them or send junk mail to them in the hopes that you will go to the site and he will make five cents for each hit. That's right, all of that inconvenience over a nickel! How do you stop it? Well, there are several easy steps:

(1) When you forward an e-mail, DELETE all of the other addresses that appear in the message (at the top). That's right, DELETE them. Highlight them and delete them, backspace them, cut them, whatever it is you know how to do. It only takes a second. You MUST click the "Forward" button first and then you will have full editing capabilities against the body and headers of the message. If you don't click on "Forward" first, you won't be able to edit the message at all.

(2) Whenever you send an e-mail to more than one person, do NOT use the To: or Cc: fields for adding e-mail addresses. Always use the BCC: (blind carbon copy) field for listing the e-mail addresses. This is the way the people you send to will only see their own e-mail address. If you don't see your BCC: option click on where it says To: and your address list will appear. Highlight the address and choose BCC: and that's it, it's that easy. When you send to BCC: your message will automatically say "Undisclosed Recipients in the "TO:" field of the people who receive it.

(3) Remove any "FW ::" in the subject line. You can re-name the subject if you wish or even fix spelling.

(4) ALWAYS hit your Forward button from the actual e-mail you are reading. Ever get those e-mails where you have to open 10 pages to read the one page with information on it? By forwarding from the actual page you wish someone to view, you stop them from having to open many e-mails just to see what you sent.

(5) Have you ever gotten an e-mail that is a petition? It states a position and asks you to add your name and address and to forward it to 10 or 15 people or your entire address book. The e-mail can be forwarded on and on and can collect thousands of names and e-mail addresses. A FACT: The completed petition is actually worth a couple of bucks to a professional spammer because of the wealth of valid names and e-mail addresses contained therein. If you want to support the petition, send it as your own personal letter to the intended recipient. Your position will carry more weight as a personal letter than a laundry list of names and e-mail address on a petition. Actually, if you think about it, who's supposed to send the petition in to whatever cause it supports? (And don't believe the ones that say that the e-mail is being traced, it just ain't so!) One of the main ones I hate is the ones that say something like, "Send this e-mail to 10 people and you'll see something great run across your screen". Or, sometimes they'll just tease you by saying something really cute will happen. IT AIN'T GONNA HAPPEN!!!! I don't let the bad luck ones scare me either, they get trashed.

Before you forward an Amber Alert, or a Virus Alert, or some of the other ones floating around nowadays, check them out before you forward them. Just about everything you receive in an email that is in question can be checked out at Snopes. Just go to www.snopes.com It's really easy to find out if its real or not. If it's not, please don't pass it on. So please, in the future, let's stop the junk mail and the viruses. Finally, here's an idea!!! Let's send this to everyone we know.

This is something that SHOULD be forwarded



Practice Good “Netiquette” – Be a Good “Netizen”

By Ira Wilsker, APCUG Director

There are many unwritten etiquette rules that apply to internet usage. These etiquette rules are commonly referred to as “netiquette”. Likewise, there are rules of being a good online citizen, often given the moniker “netizen”. If more people practiced good netiquette, and were better netizens, we would likely have more online satisfaction, and improve our throughput while on the net.

Emails are a common source of irritation. While there is little that we as individuals can do to stop the torrent of spam emails which typically come from unknown sources, we can ask our known email correspondents to practice good netiquette when sending us emails.

Despite repeated protestations from me, I still receive several hoaxes and urban legends daily, all sent by some well intentioned friends who desire to warn me about some potential pseudo-threat, or to solicit my assistance in forwarding emails for some sham charitable purpose or imaginary sick kid. According to the urban legend busting website, Snopes (www.snopes.com), no one is really putting leaflets on rear windows of cars at the mall parking lot, carjacking the car when the driver stops to remove the paper. The Make-A-Wish Foundation is not paying seven cents for each email forwarded about some terminally ill child. For the thousandth time, Marshall Fields is not charging \$250 for its chocolate chip cookie recipe. A father did not really foil the attempted abduction of his son at a local movie rental store, despite the allegations in the widely circulated email. Hillary Clinton was not named after famed mountain climber Sir Edmund Hillary. The artificial sweetener aspartame was not originally developed as an ant poison. Entering your PIN number in reverse order at the ATM machine will not really summon the police. These and countless other emails, all typically containing wording that it is imperative to forward to everyone in your address book, are commonly circulated hoaxes and urban legends.

Good netiquette demands that the potential forwarder of these reports should check them out first by doing a search on any of the major urban legend websites, such as Snopes. Avoid the embarrassment of being connected with hoaxes by checking these things out before sending. By not forwarding hoaxes and urban legends you may also be contributing to public safety, as there are a handful of cases where the urban legend actually incited the act to occur. What might not be such good netiquette, is a practice I have been known to participate in, which is clicking the “reply to all” icon, and sending the sender and his victims the truth about the hoaxes, in a hope to put an end to one tentacle of this spreading mass of lies. Someone has to step in to halt this waste of bandwidth; conserving bandwidth by minimizing the hoaxes and urban legends being forwarded en-mass is good netizenship.

Since the topic of the moment includes forwarding emails, whether hoaxes and urban legends, or the often more common jokes or prayer requests, good netiquette demands proper behavior in email forwarding. It is a waste of bandwidth and space to receive an email that contains multiple headers. This occurs when multiple senders forward the same email without editing out the headers. This results in an email that may be a spammer’s delight if received by a miscreant, in that it may contain hundreds of valid email addresses. It is also an irritant to have to scroll down pages of useless headers just to get to the message. If forwarding an email, strip off the useless headers by painting them (hold down left mouse button and drag over the useless headers, then “delete” or “cut”). Now if forwarded, just the body of the message will be sent. This is good netiquette.

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Another common faux pas is the fact that many email programs add the ">" (greater-than) symbol to the first character of each line in a forwarded email. If this email is forwarded, and forwarded again several times, each line will begin with something like ">>>>>" which makes reading the now poorly formatted email difficult. Fortunately, there is a free utility available, emailStripper, which can be downloaded from www.papercut.biz/emailStripper.htm. This small utility is very easy to use. Simply copy the body of the email by painting it (hold down left mouse button and drag over the text), then "copy" it (right click on the painted area and click "copy", or press CTRL-C); then open emailStripper, and paste (CTRL-V) the message body in the window. Click on the "Strip it!" button, and all of the ">" symbols will be instantly deleted, and the message may then be restored to its original formatting. Finally, click on the "Copy" button, and paste back into the email program for sending, with the "greater-than" symbols all removed. This is good netiquette.

Now that digital cameras are nearly universal, we are taking billions of digital photos. Just because a digital camera has a maximum resolution of several megapixels does not mean that all photos should be taken in that high resolution, unless they are to be printed in a larger than snapshot format. I sometimes appreciate receiving photos of cute kids, cats, dogs, and family photos, but please do not send me photos taken in multi-megapixel resolution that have not been resized, or otherwise cropped and edited to make them smaller. Consider that a one megapixel digital photo will totally fill the screen on a 1024x768 resolution monitor, and be about a megabyte in file size. A four megapixel image will typically be 2048x1536 pixels in display size, meaning that only a corner of the image, consisting of one-fourth of the image, will appear on my monitor. This means that I have to do a lot of scrolling to view the image, as it is four times the maximum image size that my monitor can display, and be about four megabytes in file size. Please save me and your other correspondents the download time and inconvenience of trying to view an oversized image by either taking the image in a more reasonable resolution (such as one megapixel), or using imaging editing software to reduce the size of the image, and crop if necessary. Almost all image editing software included with most digital cameras can easily perform the task of resizing the image. Alternatively, use the free image utility IrfanView, my personal favorite, available for download from www.irfanview.com. If you do not want to alter the original image, simply save the edited or reduced image under a different file name. The smaller image size will relate to a smaller file size, meaning faster uploads and downloads. This is good netiquette.

These are but a few tips that can contribute much to being a good netizen. Practice good netiquette.



Wouldn't it be nice if whenever we messed up our life we could simply press 'Ctrl Alt Delete' and start all over?

□

Thank you Eva Schmidler

Try Clean Booting When Windows Gets Muddled

By JAMES COATES CHICAGO TRIBUNE

Q. I've heard the term "booting clean" and understand that it is one way of avoiding conflicts between software. I'm curious to know more about it.

A. Clean booting has a number of different meanings, which can range from starting the computer from a CD or DVD instead of the hard drive, to performing a reboot in safe mode, to using the Windows System Configuration utility to switch off many of the applications that run in the background when Windows starts. Doing this can be a white-knuckle experience for ordinary users, although Microsoft describes how to do it in its giant knowledge base of Windows features. Go to www.support.microsoft.com, and type this article number in the search box: Q310353.

Let's begin with starting in safe mode because it is the way out of trouble if something should go wrong. Safe mode is designed to boot Windows with the absolute bare-bones number of background programs feasible to prevent conflicts and aid in repair work. This is such a reduced version that the screen resolution is in only a few colors with chunky lettering and icons. It can help find and fix problems that kick in when the Windows boot-up runs something that doesn't work right, whether it be a hardware driver or a bit of background code designed to make your anti-virus program update itself. Safe mode is summoned by pressing the F8 key during the earliest stages of the booting process. The less draconian clean boot that a lot of folks like to set up consists of shutting down most of the stuff that runs behind the scenes using the Microsoft Configuration Utility that is summoned by clicking on Start and then Run and typing in "msconfig" and clicking OK. The software module that pops up includes commands to permit background tasks to run and ".ini" files to create settings for various programs and screen displays. In the tabbed menu that msconfig displays, look for a tab called General. There you will find a button called Selective Startup, with a set of check boxes below for running boot files including system.ini, win.ini and the Windows System Services. A final box lets you shut off all Startup items. A Startup tab in the display shows each of these items and will give an idea of how much stuff gets run at a normal boot-up. You can also use a Disable All button under that Startup tab to stop all of these programs from running at boot time. When you restart the computer, the screen will come up in full colors and resolution but with a noticeably different display, with the icons normally at the bottom of the screen absent and slightly different looks for text and other elements. Your computer will run faster doing this, but you will miss certain functions and will want to restore them afterward. Microsoft says this is safe to do, and I have done it many times. Nevertheless, keep in mind that if something goes wrong, you can use the F8 key to create a safe mode boot-up that will let you backtrack and restore these settings.

Q. When I print information or recipes from the Internet, the text is cut off on the right side of the page. It would be more than helpful to have an entire page of text. Can you help?

A. There are a number of ways to stop this irksome cutting off of each line on the right-hand side of the printout, thereby losing some of the text on a Web page displayed in the browser window. The quickest and most simple fix is to change your printer's settings to use the wide landscape mode rather than the default and narrower portrait mode, which allows lines to run off the page. Click on File in Internet Explorer and then select Page Setup. The box that pops up will have a radio button to shift from portrait to landscape. Another fix that usually works is to use the View command in the Web browser software to display the text at the smallest possible size. Click on View, then Text Size and go for smallest.

Sites of Interest

Adapted from *Smart Computing* magazine

Gaming

Totalgaming.stradock.com- for puzzle players with competitive instincts

Playactive.com- combined spelling game and crossword puzzles

Absolutist.com/crossworld- a crossword style game, with a twist

Mazecreator.com- as it says, mazes from simple to complex

Crossword-compiler.com - for really serious crossword fans

AUS-PC-SOFT- create and solve puzzles up to 47 x 47 squares

[Note: all of the above sites offer programs for a fee. None are free.]

Travel Information

Lonelyplanet.com - travel information world-wide

Protravelgear.com- looking for travel gizmos? Check this out

Ricksteves.com- travel tips if you're going to Europe

Roadtripamerica.com- an insider look at vacationing in the US

Rvamerica.com- purchase or rent an RV, search for RV campgrounds

Travel.state.gov- travel warnings, passport applications, consular info

[Note: all of the above are www sites are free.]

Why Won't My Computer Shut Down?

Question:

When I try to shut down or restart my desktop via standard buttons on the start menu, my computer goes through what appears like the normal shutdown or restart routine, but it never actually powers off or restarts. The screen goes dark and then the monitor even goes into power-save mode since it's getting no signal from the computer, but the computer fans, lights, everything else remain on. I have to hold down the power button to turn it off or hit the reset button to restart. What is causing this and how can I fix it?.

Answer:

This is quite a simple solution. The behavior of your power button is controlled by a setting in the Control Panel power configuration. Simply navigate to the Control Panel through Start/Settings/Control Panel, then click the Power Configuration button. Click the tab labeled Advanced and go to the drop-down menu, where it says, "When I press the power button on my computer:" and select "shutdown".

While the computer is booting up, you should see a line telling you to press some button for setup. On most computers it's F1, on some it's Delete, on some others it's Escape...just watch for it during boot-up. Once you are in the BIOS you'll need to navigate around a little to find the power settings. They will usually be in the main screen, but sometimes they aren't. The setting you want to change is going to be something along the lines of how long you have to hold down the power button before the computer shuts down. It's usually defaulted to 4 seconds; just change the value to something like 2 or 3 seconds. While this setting is most likely not the problem, it is good to know where they are for future reference.

Comical Quotes

From "The Brain of Brian"

I went to a general store, but they wouldn't let me buy anything specific.

I have a hobby. I have the world's largest collection of seashells. I keep it scattered on beaches all over the world. Maybe you've seen some of it.

I went for a walk last night and she asked me how long I was going to be gone. I said, "The whole time."

My buddy got busted for counterfeiting. He was making pennies. They caught him because he was putting the heads and tails on the wrong sides.

Whenever I think of the past, it brings back so many memories.

I got stopped by a cop the other day. He said, "Why'd you run that stop sign?" I said, "Because I don't believe everything I read."

Drawing on my fine command of language, I said nothing.

My opinions may have changed, but not the fact that I am right.

No, officer. I do not wish to give up my right to remain silent!!

Reality is a big, nasty, vicious dragon, but I don't believe in dragons.

I just got lost in thought. It was unfamiliar territory.

After a year in therapy, my psychiatrist said to me, 'Maybe life isn't for everyone.'

"I have opinions of my own – strong opinions – but I don't always agree with them."

"Please provide the date of your death." (from an IRS letter).

I don't have an attitude problem. You have a perception problem.

I am in shape. Round is a shape.

My wife said I never listen to her. At least I think that's what she said.

I've had a perfectly wonderful evening. But this wasn't it.(Groucho Marx)

If your parents never had children, chances are you won't either.

I filled out an application that said, "In Case of Emergency Notify". I wrote "Doctor"... What's my mother going to do?

Sign outside the Fountain of Youth Health Spa in Salt Lake City: Are You Fat And Ugly? Do You Want To Be Just Ugly? Memberships Available Now.

I intend to live forever – so far, so good.

Right now I'm having amnesia and deja vu at the same time. I think I've forgotten this before.